

**Well
Being
Africa**

**DG
MT**

Photo News

**February 2022 to
January 2023**

Appreciation

**WBA expresses appreciation to
the Industrial Development
Corporation and the DG
Murray Trust for funding WBA's
projects in 2022**





Nutrition Education Workshop for Teachers

A facilitator
presenting during
the general
session





Nutrition Education Workshop for Teachers

A facilitator
presenting during
the general session





Nutrition Education Workshop for Teachers

Presenting a
motivational talk for
participants





Nutrition Education Workshop for Teachers

A facilitator presenting during the general session





Nutrition Education Workshop for Teachers

Group working session





Group working session at the Nutrition Education Workshop for Teachers



Group working session at the Nutrition Education Workshop for Teachers





Group working session at the Nutrition Education Workshop for Teachers





Group working session at the Nutrition Education Workshop for Teachers





Nutrition Education Workshop for Teachers

School garden support



Nutrition Education Workshop for Teachers

School garden support





**In collaboration with the
Department of Human
Nutrition, UP to celebrate
World Breastfeeding
Week 2022**

Addressing mothers at
the World Breastfeeding
Week 2022





Breastfeeding Support Project

Training participants with FF supervisors and facilitators

Breastfeeding Support Project

Marion and Debbie



Breastfeeding Support Project

Training session and class demonstration with Marion



Breastfeeding Support Project

Training session with Debbie



Breastfeeding Support Project

Training session at FF, Waltloo with participants illustrating the percentage composition of breastmilk





Breastfeeding Support Project

Training session at Atteridgeville with Marion

Breastfeeding Support Project

Training session at Atteridgeville with participants' competency assessment session



Training session at Atteridgeville
with a participant illustrating a
breastfeeding position



Breastfeeding Support Project

Training session at FF,
OHB with Sam





Breastfeeding Support Project

Training session at FF, OHB

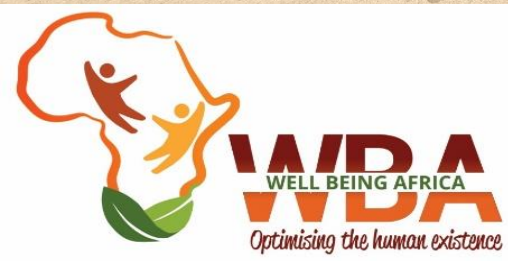
Breastfeeding Support Project

Training session at FF, OHB,
with participants' competency
assessment session





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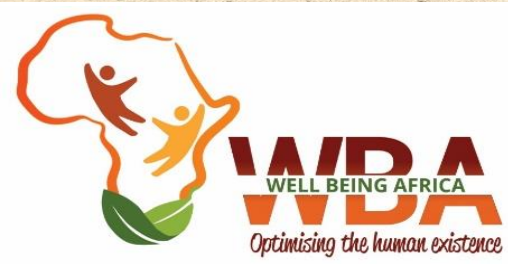


Breastfeeding Support Project

Participants group photo at the FF, OHB
breastfeeding training



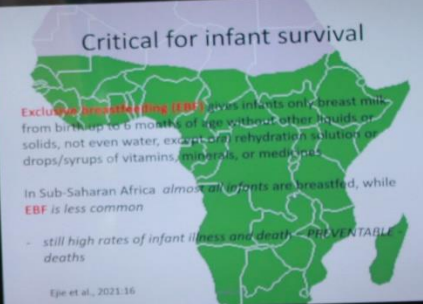
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Breastfeeding Support Project
Participants group photo at the FF, OHB
breastfeeding training



Critical for infant survival



Exclusive breastfeeding (EBF) gives infants only breast milk from birth up to 6 months of age without other liquids or solids, not even water, except oral rehydration solution or drops/syrups of vitamins, minerals, or medicines.

In Sub-Saharan Africa *almost all infants* are breastfed, while **EBF** is less common

- still high rates of infant illness and death - **PREVENTABLE** deaths

Eje et al., 2021:16



feeding Support For Mothers - Mnisi
Training session with Debbie





Breastfeeding Support For Mothers - Mnisi
Participants in a training session



Breastfeeding Support For Mothers - Mnisi

Participants in a training session



MOMS CAN EXPRESS & STORE BREASTMILK TO BE USED FOR WHEN SHE IS AWAY FROM HER BABY
#breastfeed2day
UNICEF

MOMS CAN EXPRESS & STORE BREASTMILK TO BE USED FOR WHEN SHE IS AWAY FROM HER BABY
#breastfeed2day
UNICEF



Breastfeeding Support For Mothers - Mnisi

Side talks

Acknowledgements

- The Industrial Development Corporation (IDC) is gratefully acknowledged for funding the Nutrition Education for Teachers project.
- The DG Murray Trust is gratefully acknowledged for funding the Breastfeeding support project.
- The management and staff of Daspoort Polyclinic for continued partnership in breastfeeding support.
- The management of the Tshwane District Health for partnership in training their community health workers.
- The hard-working Nutrition Education team and the Breastfeeding team of WBA are gratefully acknowledged.

